

# Mastika (Turkey)

METER 9/8    [12] [12] [12] [1] [12]  
                   S    S    S    Q   S

FORMATION: Open circle with arms in W position

## INSTRUCTIONS:

Bar 1. Facing LOD, lift on L (S), step R in LOD (S), step L in LOD (S), bounce on L foot, lift R knee (Q), Step R (S)

Bar 2 Repeat Bar 1 opposite foot work, but still in LOD

Bar 3 Turning to face center, do the same footwork as bar one, but staying in place

Bar 4 Do same foot work as bar 2, but in place facing center.

## QUICKNOTES<sup>©</sup>

Bar 1            S        S        S        Q        S  
                   L        R        L        L        R  
                   lift    step    Step    lift    Step  
                   ●        →        →        ●        →  
                   Facing and traveling in LOD

Bar 2            S        S        S        Q        S  
                   R        L        R        R        L  
                   lift    step    Step    lift    Step  
                   ●        →        →        ●        →  
                   Facing and traveling in LOD

Bar 3            S        S        S        Q        S  
                   L        R        L        L        R  
                   lift    step    Step    lift    Step  
                   ●        ●        ●        ●        ●  
                   Facing center

Bar 4            S        S        S        Q        S  
                   R        L        R        R        L  
                   lift    step    Step    lift    Step  
                   ●        ●        ●        ●        ●  
                   Facing center

notes by Andrew Carnie, June 1998.